

British Schools

B.S.G.A.



Gymnastic Association

**London Schools
Trampoline Championships 2019**



**Sunday 1st December 2019
Harlington Sports Centre**

Welcome to the London Regional round of the National Schools Trampoline Championships 2019/2020

Thank yous!

Thank you to the coaches, team managers, competitors, parents and PE staff for your support and commitment to training for this competition and the encouragement that you provide throughout the year so that your students can participate in this competition.

Thank you to Harlington Hawks and the management and staff of the sports centre for hosting this event today.

We extend a warm welcome to schools who are competing for the first time at this competition and we look forward to seeing you in future years.

I hope you all have a fantastic time today and to those of you who are competing I wish you all the very best of luck.

Karen Gent

Competition Organiser

Important Information

**PLEASE NOTE THAT FOR SAFETY REASONS
FLASH PHOTOGRAPHY IS PROHIBITED WHILST
COMPETITORS ARE ON THE TRAMPOLINES**

**If you forget and we see you flashing(!), please do not be upset
when you get a very loud reminder!**

Toilets and Changing Rooms

There are changing rooms for competitors in the corridor outside the Competition Hall.

Refreshments

There will be a small selection of sandwiches, cakes, hot drinks and sweets for sale during the day.

Litter

Litter seems to be a constant problem at trampoline competitions. Please could you make a point of using the litter bins in the Sports Hall. If drinks are spilled please tell someone involved with running this event so that we can get it cleaned up quickly and it doesn't get on to clothes or coats.

Competition Hall Entrance

There will be a £2.00 spectator entry fee to this year's event (children aged 5 and under are admitted free of charge) which is payable on the door. You will receive a hand stamp which must be shown when entering or leaving the competition hall. All active coaches, judges and competitors will have free entrance but should still get their hand stamp at the entrance.

Check In

Please ensure that the school's **nominated coach** signs in at the Competition Check In desk which is situated outside the competition hall when they arrive. They need to sign in for their school and hand in **completed and signed** tariff sheets for **ALL** of their competitors. No-one from their school will be allowed to jump until their coach has signed in on behalf of their school and submitted all of the school's completed and signed tariff sheets. Nominated coaches and the school have been sent check-in sheets by email and any changes or withdrawals should be notified to us at check-in on these sheets. **No other sheets will be accepted as notification of changes or withdrawals.** Coaches should be present on the competition floor when their competitors are on the trampolines.

Judges and Officials

Please ensure that your judges and officials know that they are needed for the whole day! All officials, including reserves and spotters should report to the Officials Check In on arrival and well before the start of warm-up. There are short briefings for officials at 8.40am so please ensure you arrive promptly for this. Please listen

to your Chair's instructions carefully and be ready to take your place on your panel in good time. Officiating can be tiring but we have a team of people here to ensure that you have refreshments to hand and you will have lunch provided during the break between the morning and afternoon sessions.

Warm Ups

Competitors will receive a set period of time for their general warm-up as stated in the timetable. They may have as many warm-up attempts during this period as the time and bed availability permits and should warm up both their set and voluntary routines during this time. Warm-up marshals are not required so please ensure that you form an orderly queue and respect your fellow competitors so that everyone gets a fair and equal amount of time for their warm up. Some sessions have more than one group taking place as a few age groups have a low number of competitors, particularly in the Boys groups so please check your session to see if this applies to you. If you are scheduled alongside an under 11 age group please also be aware of little people needing to warm up with your group!

Once the allotted time for the general warm-up has passed, all beds will be cleared and the competition will begin. A competition marshal will direct competitors who will be allowed a single one-touch warm up (one attempt at either their set or voluntary routine) before competing both routines with no further warm ups. There will be no finals!

Presentations

There will be a presentation for the morning sessions at lunchtime, and for the afternoon sessions at the end of the day. Please listen carefully for these to be announced and ensure that **you are wearing your competition kit or school tracksuit** - no street clothes for the presentations please! Results should be displayed as they happen during the competition and will also be posted in the hall.

Certificates

The start list is being used to produce the certificates which will be available to collect at the check in. Please check this carefully for spelling errors and notify these to us in good time so that your certificates are correct. Please remember to collect your certificates **as they will not be posted to your school.**

Video and Photography

By being present in the competition venue you agree that photographic and/or video images may be taken of you. If you are taking photographs and / or video footage, you accept the terms and conditions of British Gymnastics Photographic Policy. A copy of this is available at the entrance to the competition hall. **Please don't forget to switch your flash off!**

Timings

Please note that timings are approximate and the organiser reserves the right to run the event up to an hour ahead of schedule. The possible drop-out rate and actual running of the day may result in a change to the published competition times.

Jewellery and Long Hair

Please ensure that all competitors and spotters have removed **ALL** jewellery and that long hair is **SECURELY** tied back away from the face. Jewellery includes rings, necklaces, watches, earrings, bracelet or anklets of any kind as well as **ALL** body piercings.

Protests

In the event of a query, one of either the team manager or nominated coach should approach the Chair of the relevant panel within 5 minutes of the flight finishing and raise the matter by polite discussion. The Chair's decision is final! No protests may be made after presentation of the awards.

Comments or Questions

Please feel free to email any comments or questions regarding the day to me at londonschoolstramp@gmail.com or speak to me during the day - look for purple / multi-coloured hair!

Event Photography

Christmas is looming and we have a fantastic photographer with on-site production facilities so no ordering or waiting, choose what you want and take it home with you! This would make a fantastic Christmas present for a family member.



Mark In Time
Photography

Tel 07968 533809

mark@markintimephotography.co.uk
www.markintimephotography.co.uk

Schools Competing Today

We extend a warm welcome to all schools who are competing for the first time today. We hope that you enjoy the day and look forward to seeing you here in years to come!

- ADA Ada Lovelace CofE High School
- ATW Atwood Primary Academy
- BAN Bancrofts School
- BTG Bishop Thomas Grant School
- BWD Bullers Wood School
- CAR Carshalton High School for Girls
- CHD Charles Darwin
- CHI Chiswick Schools

COL Coloma Convent Girls' School
DTP Dame Tipping Church of England Primary School
DNF Deansfield
FHS Featherstone High School
GLE Glenthorne High School
GDL Godolphin & Latymer School
GSG Green School for Girls
GRN Greenvale
GCH The Grey Coat Hospital
GCS Grey Court School
HAL Hall Mead School
HDN Hayden
HAY Hayes School
HOR Hornsey School for Girls
KAA Kensington Aldridge Academy
LDB Ladybanks
LPB Langley Park Boys
LEO Leopold Primary School
MPS Marlborough Primary School
MHC Mill Hill County High School
PNX Phoenix Academy
QUE Queensmead
RRS Royal Russell School
SGP Smallberry Green Primary School
SBP St Benedicts Primary
SMS St Marylebone School
WLF West London Free School
WES Westminster Academy

LONDON SCHOOLS TRAMPOLINE CHAMPIONSHIPS 2019

TIMETABLE

PANEL 1

U13 GIRLS NOVICE (1-16)

WARM UP	9.00 - 9.20
COMPETE	9.20 - 10.00

U13 GIRLS NOVICE (17-31)
U19 GIRLS DISNOV1 (1-1)

WARM UP	10.00 - 10.20
COMPETE	10.20 - 11.00

U11 GIRLS NOVICE (1-12)
U11 BOYS NOVICE (1-1)

WARM UP	11.00 - 11.20
COMPETE	11.20 - 12.00

PANEL 2

U15 GIRLS NOVICE (1-14)

WARM UP	9.00 - 9.20
COMPETE	9.20 - 10.00

U15 GIRLS NOVICE (15-28)

WARM UP	10.00 - 10.20
COMPETE	10.20 - 11.00

U15 GIRLS NOVICE (29-38)
U15 BOYS NOVICE (1-4)

WARM UP	11.00 - 11.20
COMPETE	11.20 - 12.00

PANEL 3

U19 GIRLS INTERMEDIATE (1-14)

WARM UP	9.00 - 9.20
COMPETE	9.20 - 10.00

U19 GIRLS INTERMEDIATE (15-28)

WARM UP	10.00 - 10.20
COMPETE	10.20 - 11.00

U19 GIRLS INTERMEDIATE (29-34)
U19 BOYS INTERMEDIATE (1-8)

WARM UP	11.00 - 11.20
COMPETE	11.20 - 12.00

PRESENTATIONS & JUDGES LUNCHES

U13 BOYS NOVICE (1-6)
U19 GIRLS NOVICE (1-9)

WARM UP	12.30 - 12.50
COMPETE	12.50 - 1.30

U11 BOYS INTERMEDIATE (1-2)
U11 GIRLS INTERMEDIATE (1-7)

WARM UP	1.30 - 1.50
COMPETE	1.50 - 2.30

U14 BOYS INTERMEDIATE (1-15)

WARM UP	12.30 - 12.50
COMPETE	12.50 - 1.30

U14 GIRLS INTERMEDIATE (1-18)

WARM UP	1.30 - 1.50
COMPETE	1.50 - 2.30

U11 GIRLS ELITE (1-1)
U14 GIRLS ELITE (1-9)
U14 BOYS ELITE (1-1)

WARM UP	12.30 - 12.50
COMPETE	12.50 - 1.30

U19 GIRLS ELITE (1-8)
U19 BOYS ELITE (1-5)

WARM UP	1.30 - 1.50
COMPETE	1.50 - 2.30

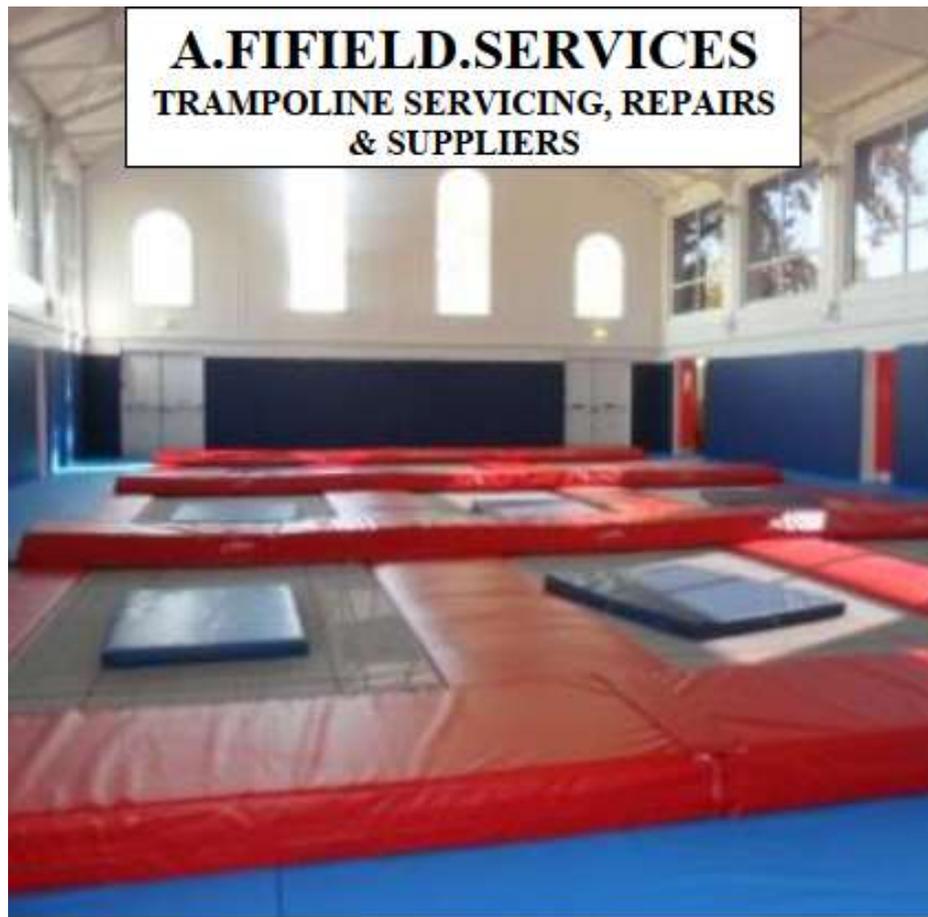
PRESENTATIONS

LONDON SCHOOLS TRAMPOLINE CHAMPIONSHIPS 2019

OFFICIALS

	PANEL 1		PANEL 2		PANEL 3	
Chair	Stephanie Hallam	QUE	Lindsay Hedman	GCH	John Wotherspoon	IND
Execution 1	Mikaela Kennedy	BAN	Doug Simon	KAA	Kim Nash	IND
Execution 2	Megan Hall	MHC	Hollie Platt	GLE	Bal Dowrich	IND
Execution 3	Sara Scott	RRS	Danielle Shaw	HDN	Lydia Schofield	RRS
Execution 4	Jennifer Marshall	CAR	Hannah Duffy	COL	Samantha Burke	BTG
HD1	Joshua Lloyd	RRS	Sophie Downich	IND	Sarah Rihal	RRS
HD2 (F1-F3)	Emma Clarke	COL	Abigail Forbes-Wright	COL	Sophia Hall	MHC
HD2 (F4-F5)	Leah Lezekiel	BTG	Krysia Mawer	COL	Leah White	MHC
Computer (F1-F3)	Nuhu Jean Abeka	MHC	Lauren Dobbins	HAL	Salli Ransom	RRS
Computer (F4-F5)	Lily-May Colson	MHC	Matilda Poole	BWD	Salli Ransom	RRS
Recorder (F1-F3)	Lauren Heasman	RRS	Grace Scott	RRS	Emandu Cranwell	COL
Recorder (F4-F5)	Lauren Heasman	RRS	Nicole Dobbins	HAL	Amelia Jasiczak	COL
Camera (F1-F3)	Sam Hare	MHC	Jack Creedon	MHC	Kai Barbaglia	MHC
Camera (F4-F6)	Mila Rudetsky-Keat	BWD	Silke Carter	HAY	Lauren Barton	HAY
Marshall	Kim Christmas	GCH	Maria Wake	COL	Rebecca Golightly	CAR
<u>Organisation</u>			<u>Qualified Reserves</u>		<u>Unqualified Reserves</u>	
Competition Organiser	Karen Gent	HAY	Avanya Asamoah	BTG	Claire Tree	RRS
Welfare Officer	Harriet Curtis	IND	Miyake Hemans (F1-F3)	COL	Katie James	RRS
Computers	Andrew Wood	IND	Emily Arnold (F1-F3)	RRS		
Database	Karen Gent	HAY	Vinnie Kutwaroo (F4-F5)	RRS		
Judges	Karen Gent	HAY	Ella Hawkins (F4-F5)	LPG		
Trophies	Karen Gent	HAY				
Floor Manager	Harriet Curtis	IND	<u>Difficulty Judges</u>			
Door	Harlington Sports Centre		Gary Lewis	HAL		
Officials Lunches	Mrs Phillips	QUE	Harriet Curtis	IND		
	Mrs Maier	QUE	Karen Gent	HAY		
Refreshments	Janet Bellis	HH				
Refreshments	Carole Bristow	HH	If needed for voluntary routines			

A.FIFIELD.SERVICES
TRAMPOLINE SERVICING, REPAIRS
& SUPPLIERS



40 YEARS EXPERIENCE IN THE SPORTS INDUSTRY.
WE ALSO SUPPLY ALL TRAMPOLINE EQUIPMENT
INCLUDING WEB BEDS, PUSH ON MATS, END
DECKS ETC.

WHY NOT CONTACT US TO DISCUSS YOUR SPORTS
EQUIPMENT NEEDS AT afifieldservices@gmail.com or
telephone on 07702593601

PHOTOGRAPH OF THE TRAMPOLINE AND ACTIVITY CENTRE AT BRENTWOOD
DESIGNED AND INSTALLED BY ALAN FIFIELD
