

British Schools

B.S.G.A.



Gymnastic Association

**London Schools
Trampoline Championships 2023**



**Sunday 5th November
Chessington Sports Centre**

Welcome to the London Regional round of the National Schools Trampoline Championships 2023/2024

Thank you!

Thank you to the coaches, team managers, competitors, parents and PE staff for your support and commitment to training for this competition and the encouragement that you provide throughout the year so that your students can participate in this competition.

Thank you to Kingston Trampoline Academy and the management and staff of Chessington sports centre for hosting this event today.

We extend a warm welcome to schools who are competing for the first time at this competition and we look forward to seeing you in future years.

I hope you all have a fantastic time today and to those of you who are competing I wish you all the very best of luck.

Karen Gent

Competition Organiser

Important Information

**PLEASE NOTE THAT FOR SAFETY REASONS
FLASH PHOTOGRAPHY IS PROHIBITED WHILST
COMPETITORS ARE ON THE TRAMPOLINES**

**If you forget and we see you flashing(!), please do not be upset
when you get a very loud reminder!**

Toilets and Changing Rooms

Toilets are located in the competition hall. Changing rooms can be found in the main sports centre. You will need to take a couple of steps outside so please wear shoes.

Refreshments

There will be a small selection of sandwiches, cakes, hot drinks and sweets for sale between 10am and 3pm from the café in the sports centre.

Litter

Litter seems to be a constant problem at trampoline competitions. Please could you make a point of using the litter bins in the Sports Hall. If drinks are spilled, please tell someone involved with running this event so that we can get it cleaned up quickly and it doesn't get on to clothes or coats.

Competition Hall Entrance

There will be a £3.00 spectator entry fee to this year's event (children aged 5 and under are admitted free of charge) which is payable on the door. You will receive a wristband which must be shown when entering or leaving the competition hall. All active coaches, judges and competitors will have free entrance but should still get their wristband at the entrance.

Check In

Please ensure that the school's **nominated coach** signs in at the Competition Check In desk when they arrive. This is situated in the competition hall. They need to sign in for their school and hand in **completed and signed** tariff sheets for their Intermediate and Elite competitors. No-one from their school will be allowed to jump until their coach has signed in on behalf of their school. Nominated coaches and the school have been sent check-in sheets by email and any changes or withdrawals should be notified to us at check-in on these sheets. **No other sheets will be accepted as notification of changes or withdrawals.** Coaches should be present on the competition floor when their competitors are on the trampolines.

Judges and Officials

Please ensure that your judges and officials know that they are needed for the whole day! All officials, including reserves and spotters should arrive by 8.30 am and report to the Officials Check In. There are short briefings for officials along with some training on the new scoring system between 8.30am and 9am so please ensure

you arrive promptly so you don't miss this. Please listen to your Chair's instructions carefully and be ready to take your place on your panel in good time. Officiating can be tiring but we have a team of people here to ensure that you have refreshments to hand and you will have lunch provided during the break between the morning and afternoon sessions.

Warm Ups

Nobody will be allowed on the trampolines unless they are wearing a competitor wristband. These will be handed out at Check-In. There will be warm-up marshalls monitoring this so please ensure that your lead coach checks in to get your wristbands.

Competitors will receive a set period of time for their general warm-up as stated in the timetable. They may have as many warm-up attempts during this period as the time and bed availability permits and should warm up both their set and voluntary routines during this time. Please ensure that you form an orderly queue and respect your fellow competitors so that everyone gets a fair and equal amount of time for their warm up. Some sessions have more than one group taking place as a few age groups have a low number of competitors, particularly in the Boys groups so please check your session to see if this applies to you. If you are scheduled alongside an under 11 age group please also be aware of little people needing to warm up with your group!

Once the allotted time for the general warm-up has passed, all beds will be cleared and the competition will begin. A competition marshal will direct competitors who will be allowed a single one-touch warm up (one attempt at either their set or voluntary routine) before

competing both routines with no further warm ups. There will be no finals!

Presentations

There will be two presentations, one at Lunchtime for the morning competitors and one at the end of the day for the afternoon competitors. These will take place as soon as all of the results have been checked and verified. Please listen carefully for these to be announced and ensure that **you are wearing your competition kit or school tracksuit** - no street clothes for the presentations please! Results should be displayed as they happen during the competition and will also be posted in the competition hall.

Certificates

The start list is being used to produce the certificates which will be available to collect at the check in. Please check this carefully for spelling errors and notify these to us in good time so that your certificates are correct. Please remember to collect your certificates **as they will not be posted to your school.**

Video and Photography

By being present in the competition venue you agree that photographic and/or video images may be taken of you. If you are taking photographs and / or video footage, you accept the terms and conditions of British Gymnastics Photographic Policy. A copy of this is available at the entrance to the competition hall. **Please don't forget to switch your flash off!**

Timings

Please note that timings are approximate and with the exception of the 9am flight the organiser reserves the right to run the event up to an hour ahead of schedule. The possible drop-out rate and actual running of the day may result in a change to the published competition times.

Jewellery and Long Hair

Please ensure that all competitors and spotters have removed **ALL** jewellery and that long hair is **SECURELY** tied back away from the face. Jewellery includes rings, necklaces, watches, earrings, bracelet or anklets of any kind as well as **ALL** body piercings.

Protests

In the event of a query, one of either the team manager or nominated coach should approach the Chair of the relevant panel within 5 minutes of the flight finishing and raise the matter by polite discussion. Inquiries may be made only for a coach's own gymnast. The Chair's decision is final! No protests may be made after presentation of the awards.

Comments or Questions

Please feel free to email any comments or questions regarding the day to me at londonschoolstramp@gmail.com or speak to me during the day - look for purple / multi-coloured hair!

Event Photography

Christmas is looming and we have a fantastic photographer with on-site production facilities so no ordering or waiting, choose what you want and take it home with you!



Mark In Time
Photography

Tel 07968 533809

mark@markintimephotography.co.uk
www.markintimephotography.co.uk

Event T-Shirts & Hoodies

We are delighted to welcome Fine Designs to our event



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BESPOKE EVENT GARMENTS

Fine Designs are delighted to attend the London Schools Trampoline Championships 2022 selling our range of garments.

We print while you wait, each print only takes a few seconds and means you can design your own garment. Choose from the front logo, the sheet of competitors' names and lots of additional sleeve options including flags, medals and slogans. Prices start from £20 for a t-shirt and £40 for a hoodie.

www.finedesignsuk.com

Lots of colours to choose from

Schools Competing Today

We extend a warm welcome to all schools who are competing for the first time today. We hope that you enjoy the day and look forward to seeing you here in years to come!

Ada Lovelace School
Babington House School
Bolder Academy
Brackenbury Primary School
Broomfield House School
Bullers Wood School
Bute House Preparatory School for Girls
Charles Darwin School
Chislehurst & Sidcup Grammar
College Français Bilingue de Londres
Croydon High School
Darrick Wood School
Ealing Fields School
Eden Park High School
Fielding Primary School
Gumley House Convent School
Hampstead Fine Arts College
Harris Academy Beckenham
Harris Primary Academy Kenley
Hayes School
Holy Family Catholic Primary School
Isleworth Town Primary School
Lady Eleanor Holles
Langley Park School for Boys
Langley Park School for Girls
Marian Vian Primary
Mill Hill County High School
Notting Hill and Ealing High School

Queens Park Community School
Royal Russell School
Sedgehill Academy
St Catherine's School Twickenham
St Marys Catholic Primary School
St Richard Reynolds Catholic College
Sydenham High School
The Coopers' Company and Coborn School
The Ellen Wilkinson School for Girls
The Green School For Girls
The Grey Coat Hospital
The John Fisher School
The Ravensbourne School
Twyford CofE High School
Upminster Junior School
West London Free School

Timetable

09.00	Year 1-6 Girls Elite (1) Year 1-6 Girls Intermediate (5) Year 7-9 Boys Elite (2) Year 7-9 Boys Intermediate (2)	Year 1-6 Girls Novice - Flt 1 (10) Year 1-6 Girls Novice - Flt 2 (7) Year 1-6 Boys Novice (4)
10.00	Year 10-14 Girls Elite (4) Year 10-14 Boys Elite (2) Year 10-14 Boys Intermediate (5) Year 7-9 Girls Elite (2)	Year 9-10 Girls Novice (16)
11.00	Year 7-9 Girls Intermediate (13)	Year 7-8 Boys Novice (12) Year 9-10 Boys Novice (2)

12.00 MORNING PRESENTATIONS AND JUDGES LUNCHES

13.00	Year 10-14 Girls Intermediate - Flt 1 (12)	Year 7-8 Girls Novice - Flt 1 (15)
13.40	Year 10-14 Girls Intermediate - Flt 2 (11)	Year 7-8 Girls Novice - Flt 2 (15)
14.30	Year 11-14 Girls Novice (15) Year 11-14 Boys Novice (4)	Year 7-8 Girls Novice - Flt 3 (15) Year 7-8 Girls Novice - Flt 4 (13)

16.00 AFTERNOON PRESENTATIONS

PLEASE NOTE THAT WITH THE EXCEPTION OF THE 9am FLIGHTS WE RESERVE THE RIGHT TO RUN UP TO ONE HOUR AHEAD OF THE PUBLISHED TIMES

OFFICIALS

PANEL 1

PANEL 2

Chair	Harriet Curtis	LTA	John Wotherspoon	BFH
Tariff 1	Fern Butler-Korro	RRS	John Wotherspoon	BFH
Execution 1	Sara Scott	RRS	Manuella Jessop	LEH
Execution 2	Sophia Hall	MHC	Annabel Hincks	RRS
Execution 3	Emma Ritchies	LTA	Megan Hall	MHC
Execution 4	Heather Tyler	RRS	Cas Almond	LTA
HD1	Hannah Liley	LTA	Val Starikov	RRS
HD2	Sarah Rihal	RRS	Janet Hausen	LTA
Computer	Mark Oakes	RRS	Amanda Gadd	LPG
Camera	Grey Coat Hospital	GCH	Emma Doyle	RRS
ToF	Harriet Curtis	LTA	n/a	
Warm Up Marshall	Karina Kerekes	LTA	Katie Bruce	LEH
Marshall	Daniel Hausen	LTA	Grey Coat Hospital	GCH
<u>Organisation</u>			<u>Qualified Reserves</u>	
Competition Organiser	Karen Gent	HAY	Laura Lloyd	RRS
Welfare Officer	Harriet Curtis	IND	Gary Lewis	CCC
Computers & Scoring	Karen Gent	HAY	Lydia Schofield	RRS
Judges	Karen Gent	HAY	Beth Owen	GCH
Trophies	Karen Gent	HAY		
Floor Manager	Harriet Curtis	IND		
Door	Frank Knight	RRD	<u>Unqualified Reserves</u>	
Door	Yuki Hayasi	LTA	Gemma Leggatt	WLF
Officials Lunches	Jennie Hinton	LTA	Jasmine Rihal / Eivie Lloyd	RRS
Officials Lunches	Emily Dickson	LTA	Lara Jacobs	CCC
Venue	Andrew Freeman	IND	Lois Carpenter	CCC
Competition Equipment	Andrew Freeman	IND	Emilia Cichala	MHC
			Peter van Rensburg	MHC
			Olivia Dominiak	MHC
			Nam Nguyen	MHC
			Jonas Hausen	LTA
			Adriana Vasylyshyn	LTA
			Alex Bishay	LTA

THANKS TO KINGSTON TRAMPOLINE ACADEMY AND LONDON TRAMPOLINING FOR THEIR SUPPORT

* also competing, please ensure a replacement is available for their competition time

A.FIFIELD.SERVICES
TRAMPOLINE SERVICING, REPAIRS
& SUPPLIERS



40 YEARS EXPERIENCE IN THE SPORTS INDUSTRY.
WE ALSO SUPPLY ALL TRAMPOLINE EQUIPMENT
INCLUDING WEB BEDS, PUSH ON MATS, END
DECKS ETC.

WHY NOT CONTACT US TO DISCUSS YOUR SPORTS
EQUIPMENT NEEDS AT afifieldservices@gmail.com or
telephone on 07702593601

PHOTOGRAPH OF THE TRAMPOLINE AND ACTIVITY CENTRE AT BRENTWOOD
DESIGNED AND INSTALLED BY ALAN FIFIELD
