

Risk Assessment

Activity: Trampolining
Venue: Lightwaves Leisure Centre, Wakefield

British Gymnastics states “Gymnastics and Trampolining are high risk activities”

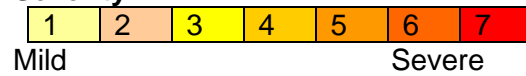


Generic Hazards	Who is at risk?	How the risk is controlled	Further control measures	Probability	Severity	Risk (PxS)	Action
Trampolines							
Manual handling	Competition organiser and volunteers	Trampolines: Appropriate instruction and supervision when assembling and disassembling equipment. Using verbal instructions throughout the process. Heavy equipment, ensure proper manual handling techniques to guard against injury. Matting: Supervision in putting them out and away	Competition organiser and volunteers to know manual handling techniques and familiarity with the trampolines	2	3	6	None
Getting on and off trampolines	Trampolinists, Coaches	Correct procedures put into place for each session. Supervision of trampoline activities by qualified coaches/ assistants	Reinforced at the beginning of competition	2	3	6	None
On trampoline	Trampolinist	Falling or tripping off trampoline, correct procedure in place getting off/on. Caution to be shown. Ensure entrants only compete routines they can perform safely. Have push-in matting available for use by their coach/teacher when appropriate.	Judging chair and marshals to look for any unsafe practices and halt such performers where necessary	2	3	6	None
Medical	Trampolinists	This is the responsibility of the school teacher/coach in charge of the pupil	Qualified first-aiders are present at the event.	2	3	6	None

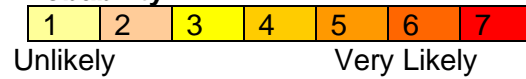
Injuries requiring first aid	Trampolinists, Coaches,	First aid kit available	Qualified first-aiders are present at the event.	3	2	6	None
Minor injuries	Trampolinists	Correct use of trampolines – control inappropriate behaviour. Suitable amount of space for activity.	Supervision of trampolinists performing routines	3	2	6	None
Emergency procedures	Everyone	Followed in accordance with the venue. Exit by the nearest point and assemble on the designated area		1	2	2	
Venue							
Facility condition	Everyone	Checked it is suitable for purpose, considering the building, heating, lighting, ventilation, floor, Ceiling and wall fittings	Discussed with venue management and happy all suitable	1	2	2	
The competition	Trampolinists	Coach in charge. Teacher or other designated responsible adult to supervise trampolinists when not participating.		2	1	2	None
Child protection hazards	Children	BG welfare plan in place. DBS checks completed for Competition Organiser. Teachers all require DBS checks. Event is held in an open environment		1	2	2	None
Tripping over equipment	Everyone in venue.	Equipment laid out appropriately, stored away if not in use. Walkways kept clear.		2	2	4	None

Key to all risk assessments for trampolining

Severity



Probability



Risk			
Low	1-12	Low	Acceptable
Medium	13-24	Medium	Acceptable with further control measures
High	25-49	High	Not acceptable

Assessed by: Kate Pellegrina, Competition Organiser
Seconded by: Debbie Mallinson, Yorkshire Committee chair
Date of Assessment: 17th January 2024

Signed:

Date: